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| GK |
| **RESPONSIBILITIES** | **COMPONENT PARTS/SKILLS** |
| Restrict shooting opportunities for GS | * Dictate movement of shooter and confuse space for feeders
* Tight I on 1 marking using front side and back positions.
* Dictate movement of shooter to prevent circle re-entry
 |
| Deliver pass and be available in attack | * Pass from a static position and from moving to a static or moving player accurately up to a distance of 1/2 the court.
* Accuracy of pass to player moving to and away from the ball carrier.
* Continue to provide backup options throughout
 |
| Gain possession throughinterceptions and rebounds | * Attack the line of the ball
* Boxing out to provide good rebound opportunities
* Angle body to see CC and recognise opportunities to
* intercept
 |
| Effective defence of the shot | * Be aware of shooters shooting action and position in
* the circle,
* Be able to use a variety of defensive techniques to mark the shot. Jump, Lean and from varying different angles.
* Understanding of using double defence on shot (cannon)
 |
| Work in partnership with GD  | * Switch appropriately in the circle with the GD.
* Dictate shooter movement in relation to team mate.
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| **GD** |
| **RESPONSIBILITIES** | **COMPONENT PARTS/SKILLS** |
| Restrict possession anddictate circle entry of GA | * Tight 1 on 1 marking using front side and back positions
* Dictate movement of GA in relation to ball, GS and other defenders
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| Support through courtattack and be available for back line pass. | * Attack through court, losing defenders 1 on 1, moving into appropriate space.
* Pass from a static or moving position to a static or moving player accurately up to a distance of half the court.
* Be aware of team mates and how to create space for others.
* Availability for back up on attacking third line.
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| Gain possession bothoutside and inside circleincluding at centre pass | * Take interceptions at first phase of CP
* Dictating to opponent to create and take interceptions, attacking line of the ball
* Boxing out to provide good rebound opportunities
* Body Angles to see CC and recognise opportunities to intercept
 |
| Effective defence of shot | * Be aware of shooters shooting action and position in the circle
* Be able to use a variety of defensive techniques to mark the shot. Jump, lean and from varying different angles.
* Understanding of using double defence on shot (cannon)
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| Make quick transitionsbetween attack anddefence and vice versa | * Quick recovery and transition into an effective defending position.
* Quick transition into attack to provide an appropriate option.
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| Work in partnership withGK/centre court | * Switch appropriately in the circle with the GD.
* Dictate shooter movement in relation to team mate
* Use of CC to cover/delay ball to GA
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